

SUMMER 2008 - CLASS SCHEDULE

JUNE 2-AUGUST 16, 2008

CLOSED FOR INDEPENDENCE DAY BREAK:

July 3-5, 2007

PRE-SCHOOL PROGRAM: Fun classes for our youngest gymnasts !

(Pre-School classes are 45 minutes long. Classes are a year long program divided into semesters.)

****PARENT-N-TOT** (Walking to 3 years) Parent and child participate as partners as our staff become guides in this child directed gymnastics experience.

****3 Year Olds & 4&5 Year Olds** Poster reward system. Children progress at their own pace through the Fun & Fit Program Levels.

****Kindergarten** (5 ½ Year Olds) Hour long class as continuation of the Fun & Fit Program for Pre-School students.

PRE-SCHOOL PROGRAM							
Day	Parent-n-Tot	3 Year Olds		4 & 5 Year Olds			Girls Kindergarten
		Level 1	Level 2	Level 1	Level 2	Level 3/4	
Monday	9:30, 6:15	10:30, 11:30, 5:15		9:30, 10:30, 4:15	11:30	4:00	11:15
Tuesday	10:15	10:15, 1:30		9:15, 3:30, 6:30	9:15, 2:30	11:15, 4:00	5:15
Wednesday		3:30, 5:15		2:30, 6:15	1:30		3:30
Thursday		9:15, 5:15, 6:30		11:15, 5:30	10:15, 6:15		
Friday	9:30	10:30		11:30			9:30
Saturday	10:30	9:30, 10:15	11:30	10:30	11:15	9:15	
<i>FEE TYPE</i>	<i>PRESCHOOL (45 minute class)</i>					<i>DEVELOPMENTAL (1hr class)</i>	

DEVELOPMENTAL CLASSES FOR BOYS AND GIRLS - Hour long classes (except where indicated) Children progress at their own pace through the Fun & Fit Poster Reward system. Training on Olympic events plus Trampoline.

GIRLS' DEVELOPMENTAL CLASSES [Fun & Fit Program]							
Day	Ages 6 - 8		Ages 9 - 12		All Ages	All Ages	Teen Class
	Level 1	Level 2	Level 1	Level 2	Level 3	Level 4 & 5	
Monday	9:15, 3:00, 5:00	10:15	6:30	5:30	5:30		
Tuesday	10:00, 6:00	11:00, 5:00	9:00			9:30-11:00	
Wednesday	1:15, 4:30	2:15, 5:30		3:15			
Thursday	10:00, 5:30	6:30			11:00, 4:30	6:00-7:30	5:00
Friday	10:30	11:30					
Saturday	9:30, 11:30	10:30	9:00	10:00	11:00		
<i>Fee Type</i>	<i>DEVELOPMENTAL (1 Hour Long Class)</i>					<i>DEVELOPMENTAL (1.5 Hour Long Class)</i>	<i>DEVELOPMENTAL (1 Hour Long Class)</i>

BOYS' DEVELOPMENTAL CLASSES [Fun & Fit Program]				
Day	Ages 6 - 8	Ages 9 - 12	All Ages	Boys Kindergarten
	Level 1	Level 1	Level 2/3	
Monday	9:15, 6:30		10:15	
Tuesday	5:15	10:00		6:15
Wednesday	1:15			
Thursday	10:00	6:00		9:00
Friday				
Saturday			9:15	
<i>FEE TYPE</i>	<i>DEVELOPMENTAL CLASSES (1 Hour Long Class)</i>			

CHEERLEADING PROGRAMS - Geared toward producing excellence in Cheerleading.

****Developmental Cheerleading:** Athletes train in all aspects of cheering including tumbling, positions, stunting, cheering, jumps, etc. Poster reward system, student progress at their own pace.

Tumbling for Cheerleaders Athletes train specifically on the tumbling skill needed for success in Cheerleading.

CHEERLEADING PROGRAM / Pre-School Developmental & Tumbling Classes							
Day	Pre-School/Developmental Cheerleading Classes			Tumbling for Cheerleaders			
	Pre-School Ages 3-5	Ages 6 & Up Level 1	Ages 6 & Up Level 2 & 3	Beginner Tumbling Ages 6-9	Beginner Tumbling Ages 10 & Up	Intermediate Tumbling	Advanced
Monday			Call for Schedule	4:30	4:30	11:15	
Tuesday				1:00	11:00	5:00	11:00
Wednesday				6:30	3:15	2:15	
Thursday	1:00	9:00		11:00, 3:45	5:00		
Friday							
Saturday	11:30	9:15		11:00	10:00	9:00, 11:15	10:15
Fee Type	Pre-School 45 Min Class	DEVELOPMENTAL (1 Hour Long Class)		MONTHLY FEE \$50.00/MONTH			

DANCE PROGRAMS- NEW THIS YEAR!! Our dance staff will teach your child basic dance skills. Our creative dance program is designed to introduce your child to the world of dance!!

DANCE PROGRAM			
Day	Pre-School & Developmental Dance Classes		
	Creative Dance Pre-School, Ages 3-5	Creative Dance Ages 6 -9	Creative Dance Ages 10+
Monday		9:30	10:30
Tuesday	11:15		
Wednesday	1:30	2:30	
Thursday			
Friday			
Fee Type	Pre-School 45 Min Class	DEVELOPMENTAL (1 Hour Long Class)	

GYMNASTICS CAMPS!!: Full Day 8:30-5:30 \$125.00 per week or 1/2 day 1:30-5:30 \$80.00 per week

June 23-27 and/or July 28-August 2 Ages 5 & Up

Your child will have a blast in our gymnastics camp! Their day will be filled with gymnastics, games, races and more. We will also have time each day at Force Youth Fitness on the Dance Dance Revolution games and the game bikes!! The last day your child will compete in a mock Olympic Meet which parents are invited to come watch! Each child will receive a camp tee shirt and placement medals at the competition. **SIGN UP TODAY, SPACE IS LIMITED!!**

CHEERLEADING CAMP—July 14, 15 & 16 Ages 6 & Up 1:00-5:00 \$65.00

For all children interested in cheerleading!! Your child will learn all aspects of cheerleading including jumps, stunts, motions, cheers, chants, etc. On July 16th parents are invited to come at 5:00 and watch what their child put on a real cheerleading routine!

MOM'S MORNING OUT...OUR MOST POPULAR SUMMER PROGRAM!!!

Fun for all ages!!! Children will do gymnastics, play games, do arts & crafts, have snack time & much more!!

\$25.00 per day or ask about our packages prices for multiple days & children!!

AGES: Walking & Up---Wednesday & Thursday 9:00-12:00

SIGN UP ONLINE AT www.greenvillegymnastics.com !!

GREENVILLE GYMNASTICS TRAINING CENTER * 1311-C MILLER RD * GREENVILLE SC 29607 * (864)297-5589